



Longfield Learning Journey



Year Group: 11

Unit of work: RO19 L01/LO2 Understanding the key factors when choosing equipment

Term: 1:1 and 1.2

Skills: importance of age and weight appropriate

Context: Essential equipment required for a nursey

An on-site day nursery is being set up for employees at the local supermarket. You have been asked to help with selecting key equipment for the nursery and plan suitable feeding options for children aged 0 to 5 years old.

This task covers all of Learning Outcomes 1 and 2.

You have been asked to help the nursery to select key equipment for babies and children. The nursery will have two rooms, one for babies up to 12 months and another for children aged 1 to 5 years. You may present this in any suitable format (e.g. presentation, leaflet).

In your own words, present the key equipment required for each room and consider at least three factors when choosing equipment for each room:

Room one – babies up to 12 months, key equipment for each of the following:

- travelling equipment
- feeding equipment
- sleeping equipment
- clothing and footwear.

You must: • select pieces of equipment for each of the four types listed above • choose at least three factors to consider for each type of equipment • include a range of examples to support your evidence.

Room two – children aged 1 to 5 years, key equipment for each of the following:

- travelling equipment
- feeding equipment
- sleeping equipment
- clothing and footwear.

You must: • select pieces of equipment for each of the four types listed above • choose at least three factors to consider for each type of equipment • include a range of examples to support your evidence.

Content: Understanding antenatal care and preparation for birth	Not attempted	1st Draft	Final Draft
1. Introduction to L02 – Understanding the key factors when choosing equipment for children from 0 to 5 years – controlled assessment			
2. To identify the 4 categories of equipment – travel, feeding, sleeping, clothing			
3. To evaluate the key considerations of travelling equipment			
4. To understand the safety features for each type of travel equipment			
5. To describe the different types of feeding equipment available			
6. To analyse the variety of sleeping equipment available to parents			
7. To identify the main items of clothing needed and evaluate their need			



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Year Group: 11	Unit of work: RO19 LO3 – Know the nutritional guidelines and requirements for children from birth to 5 years	Term: 1.2
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Skills: Eat well guide, healthy diet for children	Context Nutritional requirements for children 6 months – 5 years
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You have been asked to produce resources to be used with new nursery staff, showing the nutritional requirements for children up to 5 years. You may present this in any suitable format (e.g. presentation, leaflet).

You must:

Produce materials in your own words, to include:

- the nutritional requirements for children in each stage:
 - o 0-6 months
 - o 6-12 months
 - o 1-5 years
- the macro and micro nutrients
- the functions and sources of nutrients
- other dietary needs (fibre and water)
- eatwell plate and making healthy choices

Content: Understand nutritional guidelines and requirements	Not attempted	1st Draft	Final Draft
1. Introduction to LO3 - Know the nutritional guidelines and requirements for children from birth to 5 years			
2. To understand the current government dietary guidelines			
3. To know the functions and sources of nutrients			
4. Identify the difference between macronutrients and micronutrients			
5. To understand the nutritional requirements for stages of feeding children from 0-6 months			
6. To understand the nutritional requirements for stages of feeding children from 6-12 months			
7. To understand the nutritional requirements for stages of feeding children from 1-5 years			



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Year Group: 11	Unit of work: RO19 L04 – To investigate and develop feeding solutions	Term: 2.1
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Skills: An understanding of weaning, finger food and specialist diet.	Context – Time when introduce your baby to baby food
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Investigate baby foods suitable for 9 month old babies in the nursery. Select two similar commercially available baby foods and produce a homemade version for comparison.

You must:

- o consider nutrition and two other factors in your investigation
- o list the resources required
- o make your baby food following appropriate hygiene practices
- o present your findings to include: - nutritional analysis - a comparison of all three baby foods - an evaluation - a witness statement (from your teacher/supervisor)

Content: Understand feeding solutions	Not attempted	1st Draft	Final Draft
1. Introduction to L04 - To investigate and develop feeding solutions For children from birth to five years			
2. To understand how to investigate feeding solutions			
3. To know the importance of healthy nutritional meals			
4. To establish what good hygiene means and apply this to personal hygiene and equipment hygiene			
5. To understand how to bottle feed and investigate different types of formula			
6. To understand why breastfeeding is encouraged			
7. To evaluate the variety foods available and compare homemade and bought products			