

Longfield Learning Journey



Year Group: 11	Unit of work: RO53 Sport Leadership		Term:		
Skills: TASK 3	Context:		R	А	G
LO3	Here you are going to deliver your lesson to a group of young pupils.				
LO3	You will be assessed on your: safe practice, delivery style, communication, motivation and adaptability				

Content:		А	G
1) Was your lesson safe and did you demonstrate safe practice?			
2) What delivery styles did you use in your session?			
3) How did you communicate with your learners? Did you use a range of different strategies?			
4) What motivational strategies did you use during your session?			
5) Did you use sport specific terminology during your session?			
6) If things went wrong in your session were you able to adapt and change things?			

What you know	What you need to know	How are you going to get there?